



This Issue

Club News 2-3
ASCA Clubs 4
ASCA News 5-6-7-8
Health Hub 9
Brain Boosters 10

ASCA 2020 Board of Directors

Janye Mayfield

President

**Lib Davis**Vice President

Rayma Watson Secretary

Neil Feichtner

Treasurer

**Jerry Conner** 

Barbara Cromer

**Cindy Hassell** 

Lisa Hancock

Mary Crow

Director

Emeritus

## **ASCA's Move & Relocation**

ASCA's last day open to the members and public will be Friday, September 4, 2020. The staff will begin packing the Tuesday after Labor Day weekend. Amarillo College movers will move our belongings beginning Monday, September 21. The items that we do not take with us to our temporary location will be stored at Amarillo College's East Campus. We ask that each ASCA club furnish their own boxes and pack their own club's belongings by 4:00 PM on September 4. Please be sure and label all boxes, and leave them in your club's room for the movers.

Our temporary location is at the old Kingswood Methodist Church, which is now Wesley Community Center's south campus. We are grateful and thankful for Wesley's generous offer, and are excited to be working with them! Remember, this building is the property of the Wesley Community Center. Please do not try and enter the building, but feel free to drive by and check out the outside.

There is no set date yet for when we will begin doing business in the temporary location. As soon as we have a firm date, we will email the members, and post the information on ASCA's website and Facebook page. So keep an eye out!



The ASCA Garage Sale Fundraiser has been rescheduled to Friday and Saturday, August 21 & 22, 2020 from 9:00 AM to 4:00 PM in the ASCA North and South Seminar rooms. Please bring your gently used items to the ASCA office (no clothing or shoes). We are accepting monetary donations as well.

There will be a chicken fried steak lunch on Saturday in the Main Hall from 11:00 AM to 1:00 PM.

Everyone is required to wear a mask in the building, except while eating in the Main Hall dining room, and is encouraged to practice social distancing.

If you are interested in volunteering, please see Jennifer Jones or Barbara Cromer.



## **Swinging Seniors**

The Swinging Seniors line dancing group meets every Tuesday and Friday in the ASCA Main Hall, from 9:30 a.m. until 11:00 a.m. Please come by and join the fun!

Please keep Annette Taylor in your thoughts and prayers as she recovers from a recent surgery, as well as Wanda Johnson's husband, Al, who is at The Arbors recovering as well.

## Clogging

Clogging is a percussive dance like tap dancing which originated in the Appalachian Mountains. Although Bluegrass is the traditional music for clogging, today we clog to many styles of music. Not sure what clogging is? Come over and watch us!

Beginning Clogging is regularly on Tuesdays and Thursdays from 3:15 to 4:45 PM in the Main Hall. Right now, since ASCA has limited operating hours due to COVID-19, we are meeting on Wednesday mornings at 9:00 AM in the Main Hall.

The first three times there is no cost. After that you must join Amarillo Senior Citizens Association at \$50.00 per year. There is no class attendance fee. You can wear any comfortable shoes to clog in. If you want to clog with taps (more fun), cloggers use a different tap than tap dancers. You can clog in tap dance shoes if you already have them. For new cloggers I recommend you supply shoes you want to clog in, and I can install clogging taps on shoes.

For more information about clogging, contact Brian Vick at 806-681-8361, or Lynn Echols at 706-990-8132.

## ASCA Pool/Billiards Club

Come join the ASCA Pool Club, and see all the fun we have! The membership fee is \$35.00/year. The pool room is open Monday through Friday from 9:00 AM to 4:00 PM.

## "Let's Move!" Exercise Class

Are you sitting at home watching too much TV? WOULD YOU LIKE TO HAVE FUN? Check out the Exercise Class on Mondays and Thursdays at 10:00 AM. We meet in the Main Hall. Many nice people attend this class. You will have the opportunity to laugh, make



friends, and improve muscles and balance.

We always use our chair for balance. Chair exercise is so good for seniors. Our motto is: If an exercise hurts, stop doing it immediately! Looking forward to seeing you soon.

Charlene Cole, Exercise Teacher

## Games and More

Games & More has lots of games each day. We start at 11:45 AM on Monday and Friday. Monday is Mexican Train dominoes, Friday is Samba, Canasta, Joker, Pinochle, 2500, and 3-13. This is free to newcomers for the first three times, then the cost is \$1.00 each day you play.

We bring snacks to share with everyone, along with water and coffee. Check out the Silver Grill for lunch at \$6.00 per meal. They have wonderful food. Bring friends and give it a try!

Lou Ann Hall, Games & More President

\$20 Off
Any Plumbing,
Heating, Air or
Electrical Repair

SCOTICO

Sali 355-HOME

Valid for future service only. Not redeemable on minimum service fee. Only one coupon per call. Expires 12/31/2020 TACLA 2354-C • M-18615 • TECL 22865

www.scottco.com

## Club News

## August 2020 | Page



## **ASCA Quilters**

Happy to be back at the senior center. We are back quilting and enjoying being together.

MaryRuth and Bessie are not able to be back to help us quilt, and Barbara is on vacation. The rest of us are working hard to finish quilting two quilts.

We have a new prospect to join us. We sure need more quilters. If anyone wants to learn to quilt, we can teach you. When our time comes up we get to quilt a quilt for us. We really enjoy quilting and visiting.

#### God's Pattern

The God of today continues the pattern of the faithful God of the Old Testament. He offers hope for everyone.

Happy is he that hath the God of Jacob for his help, whose hope is in the Lord his God.—Psalms 146:5 KJV

Juanita Cato

## Table Tennis

**STOP!!!** Eat Lunch and play ping pong! Table Tennis is now 3 times a week at 1:00 p.m. Monday, Wednesday, and Friday. Beginners and advanced players alike - everyone is welcome, so come join us!



## ASCA Bridge Club

#### HIGH SCORES FOR APRIL

7/20—Janye Mayfield / Neil Feichtner (7190)

7/06—Bob Higby / Les Marshall (6440)

#### **GRAND SLAMS**

No Slams

Happy August birthday wishes to Nell Patchin 8/12, Bonnie Berry 8/13, Pattie Waters 8/17, Joyce Dickey 8/19, Jerry Lawrence 8/26, and Elaine Bush 8/29.

We celebrated Mack Dick's 100th birthday on July 6, 2020.

Rachel and Danny Simms have moved to Colorado.

Our thoughts and prayers go out to the following for healing and good health: Mary Purcell who has moved to Plum Creek for rehab. Joyce Dickey for complete healing from a broken wrist. Gerry Davidson who has moved to Moore Assisted Living, for improved health. Grady Ann Jacob for complete recovery from recent surgery. Gerry Evans' daughter, Cindy, for successful surgical repair of her leg to allow for natural bone fusion to begin.

We will need to elect new officers, so if anyone is interested in holding an office, please contact us.

It's great to be back playing bridge as a club!

## Poker Club

#### \*\* TEXAS HOLD'EM POKER \*\*

We had been playing on Wednesday afternoons in the Main Hall. We're having trouble regrouping! We anticipate a temporary delay!

Call Ken Worsham at 418-4497 or Connie Isbell at 367-6623 for update. We hope to see you all real soon!

Ken had announced point winners for the first quarter ending March 31, 2020. They are as follows:

1st—Jeannette Raef

2nd—Ken Worsham

3rd—Connie Isbell

Stay tuned!!!

# ASCA Clubs

August 2020 | Page 4



#### "42" CLUB

President, Ann Woodruff: (806) 337-5606

Meets every Tuesday and Thursday 12:30PM - 3:00PM in the

Main Hall. Cost: \$.50 each time.

#### **"88" CLUB**

Meets every Wednesday 12:00PM - 3:00PM in the Main Hall. Cost: \$2.00 per month.

#### **ASCA BRIDGE**

President, Carroll Brigman (806) 674-3289

Meets Monday and Saturday 12:30PM - 3:30PM in the Conference room. Cost: \$1.10 each time.

#### **BINGO**

Join us on Wednesdays at 10:00AM in the North Seminar. Everyone is welcome! No dues or fees.

#### **CLOGGING**

Contact, Brian Vick: (806) 681-8361
Meets Tuesday and Thursday at 3:15PM in the Main Hall. No cost.

#### **DUPLICATE BRIDGE**

Meets Wednesday 1:00PM in the Conference room. Cost: \$.50 each time.

#### **EXERCISE**

President, Charlene Cole: (806) 463-1662

Meets Monday and Thursday 10:00AM - 11:00AM in the Main

Hall. Cost: \$1.00 each time.

#### **GAMES AND MORE**

President, Lou Ann Cagle: (806) 316-9684
Meets Monday, Tuesday, and Friday.
Monday: 11:45 AM - Mexican Train; Tuesday: 11:45 AM - Back
Alley; Friday: 11:45 AM - Samba, Joker's Wild, Pinochle. Cost:
\$1.00 each time.

#### HI-NOON WEDNESDAY BRIDGE

*President, Gerry Davidson: (806) 345-2311*Meets Wednesday 12:15PM - 4:00PM in the South Seminar.

#### **POKER CLUB**

President, Ken Worsham: (806) 418-4497
Wednesday: 2:00PM - 4:00PM I n the Main Hall. Cost: \$1.00 each time. (Awards on Point System)

#### POOL/BILLIARDS

President, Richard Bailey: (806) 654-3216

Open to play any day and hours ASCA is open. Monthly tournaments scheduled. Cost: \$3.50 per month (3-Month Min.), or \$35 per year.

#### **PUZZLE CORNER**

Everyone is invited to stop by and put in a piece of the puzzle in the Main Hall. No dues or fees.

#### **QUILTERS**

President, Geri Lindsey: (806) 676-3046

Meets Tuesday and Friday 8:30AM - 2:30PM in room 116.

#### **SWINGING SENIORS**

President, Donna Schwab: (806) 355-2031
Meets every Tuesday and Friday 9:30AM - 11:00AM in the Main Hall. Cost: \$1.00 each time. First 2 times in attendance are free.

#### TABLE TENNIS

Meets every Monday, Wednesday, and Friday at 1:00 PM in the Main Hall. Beginners and Advanced - Everyone is welcome.

#### TAI CHI

Monday and Wednesday at Sam Houston Park at 10:00 AM. Everyone is welcome! No dues or fees. Instructed by Wayne Woodward.

# ASCA News



	AMARILLO SENIOR CIT	ZENS ASSO	CIATION			
	* * * INCREASE OR (DECR	EASE) IN CAS	H * * *			
	JUNE 2020 AND YTD	AT JUNE 30, 2	2020			
		JUNE,	, 2020	YTD JUNE 30, 2020		
INCOME:	Dues & Contributions - Members		\$ 2,288		\$ 12,908	
	J. Paul Craig Foundation		-		5,251	
	Club Contributions		385		3,382	
	Fund Raising Events		40,247		44,159	
	Room Use Donations		-		0	
	Newsletter Advertising		125		450	
	All Other Income		124		1,650	
	Total		43,168		67,800	
	Cafeteria	\$ 4,642		\$ 26,020		
	Kimble Foundation	-		-		
	Less Direct COGS	(6,787)		(50,842)		
	Less Indirect Costs - Overhead (at 25%) see below	(3,235)	(5,381)	(5,770)	(30,592)	
<b>EXPENSES:</b>	GENERAL AND ADMINISTRATIVE:					
	Salaries, Wages, and Payroll Taxes	10,816		57,009		
	Insurance	191		4,743		
	Computer	250		1,787		
	Telephones & Internet	150		901		
	Building Maintenance	517		3,121		
	Copies & Copier Rental	336		1,058		
	Office Supplies, Postage, & Miscellaneous	681		1,895		
	Total	12,941		70,514		
	Less 25% to Cafeteria	(3,235)	(9,706)	(5,770)	(64,745	
	Utilities as prorated		-		(156	
	INCREASE OR (DECREASE) IN CASH		\$ 28,082	1	\$ (27,692	

## MARK YOUR CALENDAR • AUGUST 2020

- ASCA's Garage Sale Fundraiser will be on Friday and Saturday, August 21 & 22 from 9:00 AM to 4:00 PM. There will also be a chicken fried steak lunch on Saturday from 11:00 AM to 1:00 PM.
- There will be a Board meeting on Wednesday, August 19, 2020 at 4:00 PM in the Main Hall.
- ASCA's last day open will be Friday, September 4, 2020. The staff will spend the rest of the month packing, and we will begin moving to our temporary location on Monday, September 21.



### Membership Renewals

If your membership expires in August, your \$50 a year dues are due no later than the last day of the month. Be sure to check on your renewal date so you can keep enjoying the fellowship, and all the exciting activities ASCA has to offer.

Please consider being a lifetime member of ASCA. It's a one-time membership fee of \$1,000 that can be paid out over several months.

## News from the Board

- 1. Neil Feichtner gave the finance report. At the end of June, the balance of all checking and savings accounts was \$186, 274.94. We have \$45,000 in CDs. The gross profit in June was \$41,022.66 with the total expenses being \$12,941.12. ASCA was in the black \$28,081.54 for the month of June.
- 2. Jennifer Jones gave the membership reports for May and June. May had 9 renewals, 9 non-renewals, and no new members. As of June 30, ASCA's total membership was 370, with 22 renewals, 24 non-renewals, and 1 new member.
- 3. Janye announced that any ASCA or staff member who traveled outside of the 26 counties of the Texas Panhandle will need to isolate from ASCA for 14 days. She also announced ASCA's moving and relocating plans (see cover of newsletter).

## ASCA News



### A Friendly Reminder...

This is a reminder of ASCA's COVID-19 face mask policy. Everyone is required to wear a face covering while in the building, except when dining in the Main Hall. If you are a member of a club that meets in the Main Hall, you are still required to keep your faces covered, either with a mask, face shield, or other type of covering. We understand that masks can be hot and hard to breathe in, but face shields are a good alternative. They can easily be seen through, and allow adequate air to circulate.

This policy is in place to keep members, guests, and staff as safe and healthy as possible. Thank you, and we are sorry for any inconvenience.

#### **OUTSIDE MAIL**

We will no longer be allowing anyone to mail personal mail from our offices, at this location or any future location. We're sorry for the inconvenience.

### **Calling all volunteers!**

We are in need of kitchen volunteers for the serving line. We serve lunch Monday through Friday from 11:00 AM to 12:45 PM. If you are interested, please contact the ASCA office at 374-5500 for more information.

### **July New Members**

James Lauderdale, Gene Rogers

## ASCA... Hard at Work!

Caysi Jones (left) at the front desk checking people in. Curtis Ragsdale (right) keeping ASCA sanitized. Leroy Mims (bottom) serving drinks at lunch. Thanks for all you do!



## **ASCA Quilt Raffle**

ASCA's quilt raffle is upon us, and this year the ASCA Quilters are raffling off this beautiful quilt! The drawing will be held on Friday, August 14 at noon. Tickets are \$1 each, or six for \$5, and can be purchased in the office, and



at the front door desk. If you purchase your tickets with a credit card, the 5% convenience fee is applicable. You can't win if you don't get your tickets!



## **MILLER'S CLEANERS**

Quality Cleaning At Reasonable Prices

1100 S. Taylor, Amarillo, Texas Phone 374 –1490

# ASCA News

## August 2020 | Page 7



### **ASCA Celebrates 47 Years!!!**

Kitchen Manager, Marsha Wilson, made a beautiful dessert arrangement, and Mary Crow served cake! Thank you ladies for helping with the celebrations!



### **ASCA Potluck/Bingo Supper**



The Potluck Supper & Bingo originally scheduled for Monday, August 17 is canceled. We feel it is in the best interest for our members, guests, and staff. Our number one priority right now is keeping everyone safe and healthy.

Thank you for your patience and understanding.

### **Memorial Donations**

Memorial donations can be made in the ASCA office, and will appear in the newsletter each month.



## donna alexander

REALTOR® Seniors Real Estate Specialist

Specializing in Real Estate transactions for older adults.

(806) 683-1299







## Happy Birthday to our ASCA Members in August!

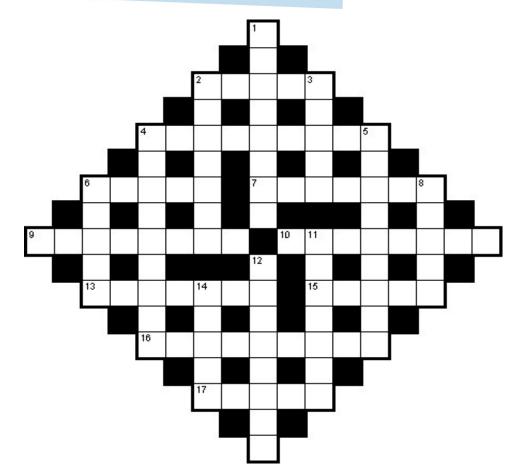
Nancy Baker, Clay Barbee, Vickey Beddow,
Bonnie Berry, Sidney Boyce, Darlene Boykin,
Elaine Bush, Ramon Camarillo, Jr., Joe Connell, Jr.,
Joyce Dickey, Hope Galloway, Fern Hamilton,
Zada Hamilton, Wanda Johnson, John Kangerga,
Jerry Lawrence, Kay Lee, Lydia Menke,
Carolyn Miller, Ana Moore, Bob Noyes,
Charlotte Noyes, Nell Patchin, Gene Rogers,
Donna Schwab, Joanne Simpson, Maury Sproul,
Marlene Temple, Victoria Thompson, M.D.,
Terry Wagoner, Pattie Waters, David Welch,
Michael Wells, Jim Whitlock, Paulette Wingate.

## SILVER GRILL

Please join us for lunch from 11:00 a.m. until 12:45 p.m., Monday through Friday. Only \$6.00 per person, and the **PUBLIC IS WELCOME!** So please come join us for some great food and fellowship!!!

## Brain Boosters





#### Across

- 2. Uncanny (5)
- 4. Brotherly (9)
- 6. Freight (5)
- 7. Yelled (7)
- 9. Fitness Activity (8)
- 10. Differ (8)
- 13. Pouch Worn with a Kilt (7)
- 15. Folios (5)
- 16. Type of Acid (9)
- 17. Of Country Life (5)

#### Down

- 1. Cosmos (8)
- 2. Arms (7)
- 3. Australian Wild Dog (5)
- 4. Savage (9)
- 5. Inactive (9)
- 6. Board Game (5)
- 8. Sews (5)
- 11. Endanger (7)
- 12. Fixed Securely (8)
- 14. Measuring Device (5)

cious, Lethargic, Chess, Darns, Imperial, Anchored, Ruler.

ANSWERS: Across—Weird, Fraternal, Cargo, Shouted, Exercise, Disagree, Sporran, , Pages, Sulphuric, Rural. Down—Universe, Weapons, Dingo, Fero-

4			9				7	
		5		7		8		
		1		9				
5 3		2		9	7	6		
3			5	1				
	1		5 4			9		
7	4			6		9		
		6					4	
	2	3						

### SUDOKU RULES

Sudoku is played on a grid of 9 x 9 spaces. Within the rows and columns are 9 "squares" (made up of 3 x 3 spaces). Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square.

				6		7		5
	3							
4				8	2			
4 5 9			3			8	9	
9							2	
		6	7	9				
						3	5	
	4		9					
	1				4			